

Pick n Pay



PRICES VALID 16 OCTOBER - 2 NOVEMBER 2025

**WIN A SHARE OF
E100,000 CASH**
& THE CHANCE TO WIN DAILY PRIZES

Spend **E250** or more and
you could be selected to
win an instant prize!
**Spend, Scan, Spin &
Win with Pick n Pay!**
COMPETITION VALID UNTIL
9 NOVEMBER 2025



10kg

+

X-LARGE

60 EGGS

KITALE

ALWAYS FRESH!

+

3kg

1

FIRST

GOLDEN BROWN

CANE SUGAR

3 kg

+

2L

+

5kg

ALL 5

E520

SAVE E29

10kg

106⁹⁹

LOW PRICE

2kg

63⁹⁹

LOW PRICE

2L

21⁹⁹

LOW PRICE

2kg

58⁹⁹

LOW PRICE

200g

129⁹⁹

SAVE E25

Per kg

89⁹⁹

LOW PRICE

3kg

119⁹⁹

LOW PRICE

E999

SAVE E279

2kg

33⁹⁹

LOW PRICE

6x1 Litre

99⁹⁹

LOW PRICE

18s

99⁹⁹

LOW PRICE

FRUIT & VEG

Potatoes 7kg
Onions 7kg &
Carrots 5kg

ALL 3
129⁹⁹

1x Fruity Lettuce,
1x Cucumber &
Cocktail Tomatoes Pre-Pack

ALL 3
29⁹⁹

Vegworth Green
Beans 300g

12⁹⁹

Vegworth
Coleslaw
500g

17⁹⁹

PnP Strawberries
Value Pack 250g
Each

16⁹⁹

Oranges
6kg

49⁹⁹

BUTCHERY

Kampvuur Wors
600g & PnP Hot
Dog Rolls 6s

BUY BOTH
E70

PnP Flavoured
Chicken
Flatties

49⁹⁹
Per kg

PnP Pork
Sausages

84⁹⁹
Per kg

PnP Chicken
Burgers

79⁹⁹
Per kg

PnP Stewing
Beef
Bone-In

119⁹⁹
Per kg

DELI

PnP Toasted
Sandwich Assorted &
Coca-Cola PET 300ml

BUY BOTH
29⁹⁹

PnP Pap & Wors
Meal

19⁹⁹

PnP 2 Piece Fried
Chicken & Chips

49⁹⁹

PnP Filled
Baguettes
Assorted Each

29⁹⁹

PnP Budget
Russian Dagwood

29⁹⁹

PnP Marinated
Chicken Buffalo
Wings

10⁹⁹
Per 100g

PnP Cooked Baby
Hake

13⁹⁹
Per 100g

PnP Greek Salad

9⁹⁹
Per 100g

BAKERY

PnP Swiss
Roll Large

34⁹⁹

PnP Pies Assorted

ANY 2
E20

PnP Apple Tart 20cm

34⁹⁹

PnP French Bread 400g

10⁹⁹

PnP Black Forest Cake 2 Layer &
Coca-Cola PET 1.5 Litre

BUY BOTH
89⁹⁹

Clover Cheese Assorted
550g Each

99⁹⁹
SAVE E32

Lancewood Medium
Fat Cream Cheese
Assorted 230g
Each

54⁹⁹

Lancewood Dip
& Top Assorted
175g Each

35⁹⁹

First Choice Flavoured
Processed Cheese Slices
Assorted 200g Each

28⁹⁹

PnP Cheese Loaf Assorted

159⁹⁹
Per kg
SAVE E45

Parmalat or
Melrose Cheese
Slices
Assorted 400g
Each

62⁹⁹
SAVE E22



59⁹⁹

Fry's 4 Plant Based Sizzlers or Burgers Assorted 320g Each



Sunny Back or Streaky Bacon 200g Each

29⁹⁹



Sun Sun French Polony 1kg Each

39⁹⁹



Ola Rich 'n Creamy Ice Cream Assorted 1.8 Litre Each

69⁹⁹



57⁹⁹

Thompsons Viennas Assorted 1kg Each



McCain Skinny Fries or Slap Chips 1kg Each

59⁹⁹



Umbuluzi Chicken Chakalaka Wors 1kg

43⁹⁹



Parmalat Double Cream Yoghurt Assorted 1kg Each

47⁹⁹



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COMPETITION VALID UNTIL 9 NOVEMBER 2025



Clover Krush Fruit Nectar Blend Assorted 1.5 Litre Each

35⁹⁹



Harvestime Mixed Vegetables 900g

39⁹⁹



Natures Garden Frozen Vegetables Assorted 750g Each

55⁹⁹



Dr. Oetker Nice & Easy Meals Assorted 325-350g Each

55⁹⁹



Dr Oetker Pizza Mini Assorted 8s Each

79⁹⁹
SAVE E10



First Choice Traditional Style Salted Butter 500g

67⁹⁹
SAVE E10



Flora Medium or Light Spread 500g Tub Each

35⁹⁹



Rama Original 70% Fat Spread 500g Brick

27⁹⁹



Clover Fruits of the Forest Full Cream Yoghurt Assorted 1kg Each

44⁹⁹



Bonnita Cabana Dairy Fruit Blend Assorted 2 Litre Each

37⁹⁹



Steri Stumpie Flavoured Low Fat Milk Assorted 350ml

ANY 2
E28



Mandla Mahewu Maize Drink Assorted 1 Litre

ANY 2
E30



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COMPETITION VALID UNTIL
9 NOVEMBER 2025



10kg

Iwisa
Super
Maize Meal
10kg

124⁹⁹
LOW PRICE



10kg

Sunny
Premium
Thai Rice
10kg

112⁹⁹
LOW PRICE



2.5kg

Bakers Pride
Cake Wheat
Flour 2.5kg

39⁹⁹



Knorr Packet Soup Assorted 50g

ANY 6
E36



Knorrox Stock Cubes Assorted 12s

ANY 2
E26



Crosse &
Blackwell
Tangy
Mayonnaise
750g

39⁹⁹



Wellington
Tomato Sauce
700ml Each

28⁹⁹



Knorr Salad
Dressing
Assorted
340ml Each

29⁹⁹



2.5kg

Bakers Pride
Self Raising
Wheat Flour
2.5kg

39⁹⁹



Snowflake Easy Mix
Assorted 500g

ANY 2
E40



Sunblest
Spaghetti or
Macaroni
500g

ANY 2
E28



2.5kg

Iwisa Easy
Cook Samp
2.5kg

56⁹⁹



13⁹⁹

Knorr Sauce or Gravy Assorted
34-45g Each



Robertson's Rajah Curry
Powder Assorted 50g

ANY 2
E26



Knorr Aromat
Seasoning
Trio Pack Assorted
200g Each

25⁹⁹



Robertson's Herbs
& Spices Refills
Assorted 64-89g

ANY 2
E30



Reggia
Vermicelli
500g

22⁹⁹



17⁹⁹

Robertson's Braai Spice Assorted
200g Each



Mrs H.S. Balls
Chutney
Assorted
860ml Each

57⁹⁹



Koo Chakalaka
Assorted 410g

ANY 2
E42



Koo Mixed Vegetable
or Corn Assorted
410-420g Each

18⁹⁹



Kellogg's Instant
Noodles Assorted 5x70g

ANY 2
E56

Pick n Pay

PRICES VALID 16 OCTOBER - 2 NOVEMBER 2025



Jungle Muesli Assorted
750g Each

69⁹⁹



Bokomo Granola Assorted
650g - 700g Each

66⁹⁹



Rhodes Apricot Jam
Superfine 900g

39⁹⁹



Kellogg's Froot Loops,
Coco Pops or Rice Krispies
Assorted 340/350g Each

49⁹⁹



Iwisa Instant Porridge
Assorted 1kg

ANY 2
E52



Jungle Taystee
Wheat Regular
500g

36⁹⁹



Heartland
Corn Flakes
1.2kg

48⁹⁹



Kellogg's
All Bran
Flakes
750g

68⁹⁹



Clover Dairy
Cream UHT
500ml

47⁹⁹



Black Cat Peanut
Butter Assorted
400g Each

42⁹⁹



All Gold Jam Assorted
900g Each

43⁹⁹



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Freshpak
Rooibos
Teabags
Assorted
20s Each

32⁹⁹



Five Roses Tagless Teabags 100s

59⁹⁹



House of
Coffee
Ground
Coffee
Assorted
250g
Each

134⁹⁹
SAVE E10



Douwe Egberts Instant Coffee
Assorted 200g Each

127⁹⁹
SAVE E12



Ellis Brown Creamer
1kg

79⁹⁹



House of Coffee
Special Blend
Ground Coffee
500g Each

219⁹⁹
SAVE E27



Starbucks Capsules
Assorted 53-55g Each

79⁹⁹
SAVE E23



Jacobs Barista Whole Coffee Beans
Assorted 1kg Each

409⁹⁹
SAVE E40

PICK n PAY EVERY DAY!



2L

Fanta,
Stoney or
Sprite
Cooldrink
2 Litre

ANY 2
39⁹⁹



Cappy Burst Flavoured Drink
Assorted 6x200ml PET Each

44⁹⁹



Coca-Cola, Fanta, Twist,
Sparletta or Sprite Assorted
6x300ml Cans Each

57⁹⁹
SAVE E15

Coca-Cola
STAND A CHANCE TO
WIN
A HERO ECO-150
MOTORCYCLE

HOW TO ENTER:

Buy any 2 participating Coca-Cola products from
any PnP store during the promotion period.
Write your name, surname and phone number on the
back of your till slip and place the till slip into the entry
box provided in-store.

Competition runs from 8 September - 31 October 2025.



2L

Pepsi Cola,
Mountain
Dew or
Mirinda
Assorted
2 Litre

ANY 2
E30



2L

Pepsi Cola
Lite or Max
2 Litre
Each

12⁹⁹



WIN A SHARE OF
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2L

Kingsley
Cooldrink
Assorted
2 Litre Each

12⁹⁹



5L

Emlembe
Natural
Spring
Water
5 Litre

BUY 2
E32



Emlembe
Natural
Spring Water
6x500ml
Each

24⁹⁹



1.5L

aQuellé
Flavoured
Water
Assorted
1.5 Litre
Each

16⁹⁹



1L

Hall's Smooth
Dairy Fruit
Blend
Concentrate
Assorted
1 Litre Each

19⁹⁹



2L

Brookes
Oros Juice
Assorted
2 Litre
Each

39⁹⁹



Red Bull
Energy
Drink
Assorted
250ml Each

17⁹⁹



Monster Energy
Drink Assorted
500ml

BUY 2
E30



Score Energy Drink
Assorted 500ml Each

9⁹⁹



Brookes Oros
Ready to Drink
Assorted 6x300ml
Per Pack

47⁹⁹
SAVE E13



Energade Sports
Drink
Assorted
6x500ml Each

67⁹⁹
SAVE E14

Pick n Pay

PRICES VALID 16 OCTOBER - 2 NOVEMBER 2025

SWEETS & TREATS



Willards Cheas Naks
Flavoured Maize Snack
Assorted 135g Each

13⁹⁹



Cheetos Puffs
Flavoured Maize
Snack Assorted
150g Each

15⁹⁹



Willards
Cheese Curls
or Flings
150g Each

17⁹⁹



Simba Potato Chips Assorted 120g Each

18⁹⁹



Jumpin
Jack
Popcorn
Assorted
100g Each

18⁹⁹
SAVE E10



Willards
Big Korn
Bites
Flavoured
Maize
Chips
Assorted
200g
Each

22⁹⁹



Cadbury Chocolate
Slab Biscuit or Top
Deck 80g Each

18⁹⁹



Safari
Roasted
& Salted
Peanuts or
Peanuts
& Raisins
150g
Each

27⁹⁹



Maynards Jelly Sweets Assorted 100g Each

19⁹⁹



Manhattan Sweets Assorted 125g Each

23⁹⁹



Mister Sweet Speckled Eggs Assorted
100/125g Each

32⁹⁹



Beacon mmmMallows Assorted 135g Each

16⁹⁹



Guandy
Mallows
Assorted
200g

**ANY 2
45⁹⁹**
SAVE E47



Bakers Topper
Cream
Biscuits
Assorted
125g Each

11⁹⁹



Buy Any x1 Coca-Cola,
Assorted, Fanta Twist
Granadilla, Sprite or
Sparletta Sparberry
300ml, Willards Cheese
Curls 90g & Beacon Jelly
Tots 100g Assorted

**ALL 3
E42**



Bakers Tennis Biscuits Assorted
200g Each

23⁹⁹



Bakers Blue Label Marie Biscuits
Assorted 200g Each

18⁹⁹



Xiamen Ying
Wan Toy Baby
Bottle 60g
Each

18⁹⁹



Xiamen Ying
Wan Toy
Rotat Lollipop
15g Each

22⁹⁹
SAVE E10



Xiamen Ying
Wan Toys
Assorted
30g Each

32⁹⁹



Xiamen Ying Wan
Toy Fasion
Motrbike 30g

39⁹⁹

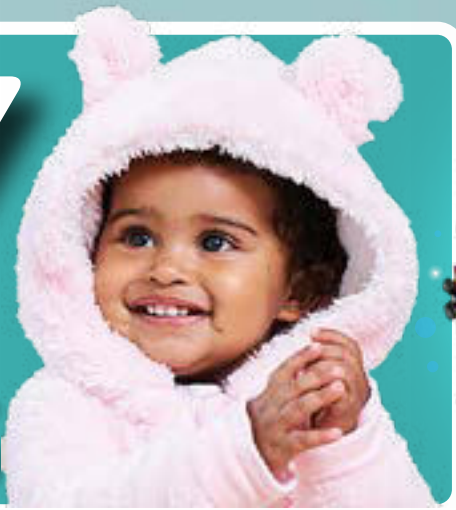


Xiamen Ying
Wan Toy
Sword or F1
Car Each

32⁹⁹



BABY ESSENTIALS



Size 0 25



94⁹⁹

Huggies Extra Care Diapers Value Pack

Size 3 132

Size 4 120

Size 5 100

Size 6 88



499⁹⁹
SAVE E88

Huggies Gold Disposable Pants Assorted Per Pack



186⁹⁹
SAVE E29

Hi Baby! Everyday Premium Diaper Large or Extra Large 100s Each



BUY x1 Hi Baby! Everyday Kids Pull-Up Diapers Assorted 20s & x1 Baby-Softy Wet Wipes 60s

BUY BOTH E54



OR

ANY 2 E29⁹⁹

Buy ANY x1 Purify 2nd Food 125ml Assorted or x1 Purify Pureed Infant Food 110ml Assorted



Purify 3rd Food Assorted 200ml

ANY 2 E34



Purify 100% Fruit Juice Blend Assorted 200ml

ANY 4 E48



Purify Mabele Porridge Assorted 350g

ANY 2 E39⁹⁹



24⁹⁹

Purify 1st Food Cereal Assorted 200g Each



49⁹⁹

Purify Baby Cereal Assorted 450g Each



Vaseline Petroleum Jelly Assorted 450ml Each

53⁹⁹
SAVE E14



Clere Pure & Protect Aqueous Cream 475ml

32⁹⁹



49⁹⁹

Johnson's Baby Jelly or Aqueous Cream Assorted 500ml Each



Johnson's Baby Extra Sensitive Wipes Assorted 224/228s Each

79⁹⁹
SAVE E42



Johnson's Baby Soap Assorted 175g

ANY 2 E33



Johnson's Baby Powder Cornstarch 200g Each

44⁹⁹

Health & Wellness



Futurelife
Smart Food
Assorted
1.25kg
Each

102⁹⁹
SAVE E10



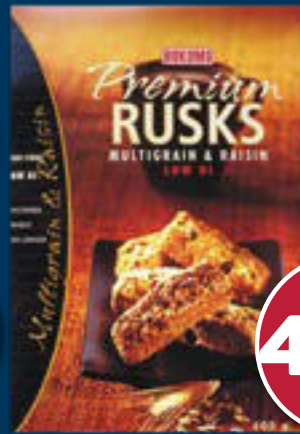
Bokomo Veet-Bix 450g

34⁹⁹



Vitality Rescue I.V Sachets Assorted 9.2g

ANY 2
35⁹⁹



Bokomo
Premium
Rusks
Assorted
400g Each

44⁹⁹



Jungle
Oats 1kg

39⁹⁹



Vita-Up
Sugar Free
Nutrient
Drink
Assorted
500ml Each

24⁹⁹



Buttanutt
Milk
Assorted
1 Litre
Each

36⁹⁹



Venga
Coconut
Milk
Assorted
330ml
Each

24⁹⁹



Emlembe 100%
Organic Honey
375ml

88⁹⁹



Nivea Roll On
Assorted
50ml

ANY 2
E50
SAVE E22



Dawn Body
Lotion
Assorted
400ml Each

27⁹⁹



Organics Shampoo 2in1 or
Conditioner Dry Damaged 1 Litre

79⁹⁹
SAVE E12



Protex Body Soap
Assorted 150g

ANY 5
E40
SAVE E25



Mentadent P
Toothpaste
Assorted 100ml
Each

27⁹⁹



Colgate
Toothpaste
Assorted
100ml Each

23⁹⁹



Sanex Shower
Gel Assorted
500ml Each

49⁹⁹
SAVE E42



Sanex Roll-On
Assorted
50ml Each

24⁹⁹



Dove Body Soap
Assorted 90g Each

21⁹⁹



Colgate
Charcoal
Gentle Clean
Toothpaste
100ml

34⁹⁹



Sta-Sof-Fro Blow
Out Relaxer 250ml

41⁹⁹



Pond's Lasting Oil
Control Vanishing
Control Assorted
50ml Each

21⁹⁹



Lil-Lets Essential Pads Assorted 8s Each

13⁹⁹



Nivea Protect
& Dry Touch
Assorted
SPF50 200ml
Each

149⁹⁹
SAVE E135



Nivea Sun
Sensitive Sun
Allergy Protect
Assorted SPF50
200ml Each

159⁹⁹
SAVE E139



Nivea Sun
Moisturising
Spray SPF30
200ml Each

129⁹⁹
SAVE E118

WIN A SHARE OF £100,000 CASH & THE CHANCE TO WIN DAILY PRIZES

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you could be selected to
win an instant prize!

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Domestos
Multipurpose Bleach
Assorted 750ml
Each

27⁹⁹



1L

Mr Sheen
Tile Cleaner
Assorted
1 Litre Each

29⁹⁹



Comfort Fabric
Conditioner
Assorted 800ml
Each

55⁹⁹



Sunlight
Dishwashing
Liquid Refill
750ml

24⁹⁹



Handy Andy
Trigger Kitchen
or Bathroom
Cleaner 500ml
Each

41⁹⁹



Sunlight Handwash Powder Assorted 3kg Each

79⁹⁹
SAVE £10



Handy Andy
Cream Cleaner
Assorted 750ml
Each

24⁹⁹



Handy Andy
Floor Cleaner
Assorted
750ml Each

35⁹⁹



2L

Sta Soft Fabric
Softener Assorted
2 Litre Each

57⁹⁹



1.5L

19⁹⁹

Sunny Green Bar Soap
Wrapped 800g



27⁹⁹

Sunny Dishwashing
Liquid 1.5 Litre

Sunny Laundry Soap
450g

BUY 2
26⁹⁹



19⁹⁹

Sunny Fabric Conditioner
500g Each



STAND A CHANCE TO

WIN

MANHATTAN GREY 10KG
TOP LOADER TO THE
VALUE OF R6000



2kg

Maq Regular
Washing Powder
Flexi Bag 2kg

BUY 2
£125

Buy 2 MAQ Regular Washing Powder 2kg for £125 and stand a chance to WIN 1 of 9 washing machines. To win participants are required to write their name, surname and contact number on the back of their till slip, and drop their till slip in the entry box provided in the participating retail store. Promotional period starts from 16 October to 30 November 2025. Winners to be announced in December 2025.



SMART PET SAVINGS



Montego
Karoo Dog
Food
Assorted 8kg
Each

469⁹⁹
SAVE E22



Bob Martin Dry Dog Food Assorted
6kg Each



149⁹⁹
LOW PRICE



Bonzo Dry Dog Food Assorted
7kg Each



139⁹⁹
SAVE E20



Sunny
Mixed Fowl
Food 10kg

89⁹⁹
LOW PRICE



Butch Dog Food Assorted
820g Can Each



23⁹⁹
LOW PRICE



Husky Homestyle Dog Food
Assorted 775g Can Each



29⁹⁹
LOW PRICE



Butch Dog Food
Assorted
420g Can

ANY 2
26⁹⁹



Beeno Crunchy Oven Baked Biscuits Assorted 800g Each

68⁹⁹
LOW PRICE



Beeno Flatties
or Rollies
Assorted 120g
Each

22⁹⁹
LOW PRICE



Monty & Me
Adult Cat Dry
Food 2kg

82⁹⁹
SAVE E10



Pamper Dry
Cat Food
Assorted
2kg Each

113⁹⁹
SAVE E16



Pamper Can
Assorted
385-400g

ANY 2
35⁹⁹



Pamper Fine Cuts
Assorted 85g

ANY 4
35⁹⁹

Shield Leather Cream 500ml

65⁹⁹
SAVE E10

Shield Microfibre Car Care Kit 5 Pack

129⁹⁹
SAVE E31

Shield Stain Guard Fabric Protector 500ml Each

61⁹⁹
SAVE E10

LK's Products Charcoal Starter

309⁹⁹
SAVE E20

Real Chef Cooking Camping Set 3 Piece

699⁹⁹
SAVE E73

Wahl Multi Cut Deluxe Homecut Kit 11 Piece

859⁹⁹
SAVE E39

PnP Scientific True View Calculator 252 Function

209⁹⁹
SAVE E90

PnP A4 Feint & Margin Counter Book 288 Page

27⁹⁹
LOW PRICE

AIM Black Mirror Manual Microwave 20 Litre

919⁹⁹
SAVE E80

Pretty Baby Regular Slim Bottle Medium 240ml

48⁹⁹
SAVE E10

Joyco Pull Back Car Play Set 8 Piece

149⁹⁹
SAVE E29

Joyco Blue Projection Drawing Table

489⁹⁹
SAVE E73

Goldair Coffee Machine + Grinder

1499⁹⁹
SAVE E339

Addis Metal Connector Broom

122⁹⁹
SAVE E22

DAY Ribbed Bowl 6.5cm

25⁹⁹
LOW PRICE

DAY Jesse Table 2-Shelf 40x50cm

399⁹⁹
SAVE E52

Pineware Steam & Spray Iron

219⁹⁹
SAVE E40

Russell Hobbs Master Blender

1289⁹⁹
SAVE E90

Goldenmarc Microfibre Duster Each

59⁹⁹
LOW PRICE

Contour Oval Basin 130 Litre

139⁹⁹
SAVE E16

Contour Housewares Butt Buckets Black 12s Each

11⁹⁹
LOW PRICE

Hth Granular + Mineralsoft 8kg

449⁹⁹
LOW PRICE

Russell Hobbs 2 Slice Sandwich Maker

499⁹⁹
SAVE E111

Volkano Rave Portable Bluetooth Speaker Black

2799⁹⁹
SAVE E157

Volkano Scorpio TWS Earphones Black

399⁹⁹
SAVE E100

Pineware Double Solid Hotplate

349⁹⁹
SAVE E50

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Pick n Pay

PRICES VALID 16 OCTOBER - 2 NOVEMBER 2025

Available in-store at all till points

Crescent: +268 2416 2247/19 | Mbabane: +268 2404 0571 | Mashayitafula: +268 2518 4817/07 | Matsapha Link: +268 7806 8389 | The Hub, Manzini: +268 2505 8246 / 3875
 Gables, Ezulwini: +268 2416 3425/6 | Malkerns: +268 2528 3236/27 | Matsapha: +268 2518 7110 / 7368 | Nhlangano: +268 2207 7400/09
 *NRB: Non-Returnable Bottle. While stocks last. Selected products may not be available at all stores. We reserve the right to limit quantities. Prices inclusive of VAT, where applicable. No traders please. E&OE.