

Pick n Pay



10kg

IWISA
ES
5kg

1
FIRST
GOLDEN BROWN
CANE SUGAR
5kg



5kg

Umbuluzi
Your choice for premium quality chicken



2L

Sun Sun
Cooking Oil



60s

KITALE
ALWAYS



ALL 5
E580
SAVE E31

Iwisa Super Maize Meal 10kg, First Golden Brown Sugar 5kg, Umbuluzi IQF Mixed Chicken Portions 5kg, Kitale Large Eggs 60s & Sun Sun Cooking Oil 2 Litre



10kg

Sun Sun
PARBOILED RICE

103⁹⁹
LOW PRICE
Sun Sun Parboiled Rice 10kg



1kg

Stork
COUNTRY SPREAD

BUY 2
E94
SAVE E16
Stork Country Spread 40% Fat 1kg Tub

MONTH END BUDGET BEATERS

VALID 16 FEBRUARY - 1 MARCH 2026



124⁹⁹ Per kg
LOW PRICE
PnP Honey Glazed Rashers



79⁹⁹
SAVE E20
Kellogg's Corn Flakes 1.2kg



2kg

29⁹⁹
LOW PRICE
Emasi Emndeni Low Fat Maas 2kg Each



101⁹⁹
LOW PRICE
PnP Full Cream Long Life Milk 6x1 Litre



2L

23⁹⁹
LOW PRICE
Coca-Cola Original Taste Less Sugar 2 Litre Each



3kg

79⁹⁹
SAVE E20
Sunlight Hand Washing Powder Assorted 3kg Each



99⁹⁹
SAVE E16
PnP 2 Ply White Toilet Tissue 18s

7kg 3kg 5kg

ALL 3
129⁹⁹

Potatoes 7kg,
Carrots 5kg &
Onions 3kg

ANY 2
£50

Nectarines, Red or
White Grapes, or
Dessert Peaches
Pre-Pack

39⁹⁹

PnP White
Mushrooms 250g

89⁹⁹ Per kg

PnP
Pork Pack

138⁹⁹ Per kg

PnP Gold Crown
Thick Boerewors

179⁹⁹ Per kg

PnP Pre-Cut Beef
Stir Fry

44⁹⁹

PnP Fried Fish &
Chips Combo

BUY BOTH
25⁹⁹

PnP Assorted Pie &
Pepsi Cola Soft Drink
300ml

BUY BOTH
44⁹⁹

PnP Russian
Dagwood &
Coca-Cola Soft Drink
300ml

2L

ALL 3
109⁹⁹

PnP Whole Chicken
BBQ, Batched Soft
Rolls 6s & Pepsi Cola
2 Litre

649 Per 100g

PnP
Beetroot Salad

1499 Per 100g

PnP Assorted
Dagwood &
Chicken
Leg Quarter

849 Per 100g

PnP Potato & Egg
Salad

1899 Per 100g

PnP Cooked Beef
Oxtail

1749 Per 100g

Frio Foods Sandwich
Ham

FRIO
FOODS

Frio Foods Pimento,
Bacon & Cheese,
Chicken or
Mushroom Loaf

1249 Per 100g

1199

PnP Banana Loaf
300g Each

1599

PnP Mosbolletjies
400g

1899

PnP Hot Cross
Buns 6s

8299

PnP
Croissants 8s

1999

PnP
Ginger Loaf

2499

PnP Low Gi Bread
400g

3499

PnP Seeded Rye
Bread 800g

11999

PnP Carrot Cake
20cm

Cheddar
Full cream hard cheese

Gouda
Soft & creamy

SMART SHOPPER PRICE
105⁹⁹
SAVE E10

Clover Cheddar or
Gouda Cheese 550g
Each

Gouda Flavoured
Full Cream
Processed
Cheese

Cheddar Flavoured
Full Cream
Processed
Cheese

6299

Clover Processed
Cheese Assorted
400g Each

parmalat

Golden SLICE
WIN 24

6999

Parmalat or Melrose
Cheese Slices
Assorted 400g
Each

FIRST CHOICE

FULL FAT
CHEDDAR FLAVOURED PROCESSED
CHEESE SLICES

5999

First Choice
Processed Cheese
Assorted 400g Each

26⁹⁹
Rama Original 70% Fat Spread 500g Brick

69⁹⁹
First Choice Salted Butter 500g Brick

59⁹⁹
Fry's Family No-Chick'n Pieces, Sizzlers or Burgers Assorted 300g/320g Each

33⁹⁹
Clover Krush Fruit Nectar Blend Assorted 1.5 Litre Each

14⁹⁹
Mandla Mahewu or Iwisa Mageu Maize Drink Assorted 1 Litre Each

36⁹⁹
Parmalat Flavoured Low Fat Yoghurt Assorted 1kg Each

26⁹⁹
Clover Fruits of the Forest Full Cream Yoghurt Assorted 6x100g Each

99⁹⁹
SAVE E25
Ola Magnum Mini Ice Cream Assorted 5x55ml Each

65⁹⁹
Ola Rich 'n Creamy Ice Cream Assorted 1.8Litre Each

MASSIVE SAVINGS

42⁹⁹
Umbuluzi Chicken Chaka Wors 1kg

34⁹⁹
Sunny Streaky Bacon 200g

34⁹⁹
Sun Sun French Polony 1kg Each

59⁹⁹
Thompsons Viennas Assorted 1kg Each

49⁹⁹
I&J Fish Bakes Crumbed Fish & Potato Portions 360g Each

79⁹⁹
I&J Out 'O' Oven Crumbed Fish Portions 400g Each

BUY 2 E30
Rondo 37% Fat Spread 500g Brick

59⁹⁹
Alpine Fruity Flow Lollies Assorted 20s Each

79⁹⁹
I&J Original Fish Fingers 600g Each

119⁹⁹
Piemans Frozen Pie Assorted 160g-180g Each

15⁹⁹
McCain Country Crop or Mixed Frozen Vegetables 250g Each

ANY 4 E46
Clover Tropika Drinking Yoghurt Assorted 250g

36⁹⁹
Bonnita Cabana Dairy Fruit Blend Assorted 2 Litre Each

2.5kg

39⁹⁹

Bakers Pride Self Raising Wheat Flour 2.5kg

1L

69⁹⁹

Clover Olive Pride Seed Oils & Extra Virgin Olive Oil 1 Litre

38⁹⁹

Nola Original Mayonnaise 750g

35⁹⁹

All Gold Tomato Sauce 700ml

**ANY 4
E78**

Lucky Star Noodles Assorted 5x65g

32⁹⁹

Lucky Star Pilchards in Sauce Assorted 400g Each

10kg

99⁹⁹

Crown Select Parboiled Rice 10kg

5kg

159⁹⁹

Lal Qilla Excel Basmati Rice 5kg

5kg

142⁹⁹

Mega Star Sugar Beans 5kg

1kg

24⁹⁹

Iwisa Easy Cook Samp 1kg

**ANY 2
E28**

Sunblest Spaghetti or Macaroni 500g

1kg

34⁹⁹

Snowflake Easy Mix Assorted 1kg Each

29⁹⁹

Bull Brand Corned Meat 300g

**BUY 2
E28**

Rhodes Baked Beans in Tomato Sauce 410g

21⁹⁹

Top Class Soya Mince Assorted 400g Each

**BUY 2
E32**

Top Class Soup Assorted 400g Each

18⁹⁹

Koo Mixed Vegetable or Corn Assorted 410-420g Each

19⁹⁹

Koo Chakalaka Assorted 410g Each

**SMART SHOPPER PRICE
17⁹⁹**

Robertsons Braai & Grill Spice Assorted 200g Each

32⁹⁹

Rajah Curry Powder Assorted 200g Each

**ANY 4
E24**

Knorr Stew Mix or Soup Assorted 50g

**SMART SHOPPER PRICE
25⁹⁹**

Knorr Aromat Seasoning Assorted 200g Each

30⁹⁹

Knorr Salad Dressing Assorted 340ml Each

37⁹⁹

Mrs H.S. Ball's Chutney Assorted 470g Each

1kg

**ANY 2
E48**

Iwisa Instant Maize Porridge Assorted 1kg

5kg

79⁹⁹

Mega Star Fine Mabele Meal 5kg

5kg

72⁹⁹

Sunny Fine Mabele Meal 5kg

1kg

29⁹⁹

Iwisa Power Up Multigrain Instant Porridge Assorted 1kg Each

49⁹⁹

Kellogg's Coco Pops, Rice Krispies or Froot Loops Assorted 340g/350g Each

1kg

36⁹⁹

Jungle Oats 1kg

31⁹⁹

Bokomo Weet-Bix Biscuits 450g Each

48⁹⁹

On The Go Daily Fix Granola Assorted 350g Each

35⁹⁹

Yum Yum Peanut Butter Assorted 400g Each

17⁹⁹

Tetley Green Tea Assorted 20s Each

39⁹⁹

Tetley Black Teagabs 102s

24⁹⁹

Laager Tea 4Kidz Rooibos Assorted 40s Each

25⁹⁹

Freshpak Junior Rooibos Tea Assorted 20s Each

42⁹⁹

All Gold Jam Assorted 900g

46⁹⁹

SAVE E10

Society Coffee Cappuccino 8x20g Each

65⁹⁹

House of Coffees Hug in a Mug Cappuccino Assorted 24g/25g Each

69⁹⁹

SAVE E11

Nescafe Cappuccino Assorted 10x18g Each

149⁹⁹

SAVE E13

Nescafe Classic Instant Coffee Assorted 200g/230g Each

39⁹⁹

Black Cat Peanut Butter Assorted 400g Each

167⁹⁹

SAVE E10

Nescafe Ricoffy Instant Coffee 800g

199⁹⁹

Jacobs Krönung Instant Coffee Assorted 200g Each

206⁹⁹

SAVE E10

Jacobs Krönung Instant Coffee Assorted 230g Each

77⁹⁹

SAVE E10

Starbucks Capsules Assorted 53-55g Each

65⁹⁹

AWS Pure Natural Honey 375g Each

1kg

79⁹⁹

Ellis Brown Coffee Creamer 1kg

2kg

299⁹⁹

SAVE E43

Nestle Klim Full Cream Instant Milk Powder 1.8kg+200g

85⁹⁹

Nestle Milo Malt Powder Drink 500g



**BUY 2
20⁹⁹**
PnP no name™ Marie
Biscuits 150g



16⁹⁹
Oreo Biscuits
Assorted 128.8g
Each



75⁹⁹
SAVE E11
Cape Cookies Luxury
Assortment
500g Each



22⁹⁹
Bakers Choc O Magic
Biscuits Assorted
109g Each



38⁹⁹
Bakers Romany
Creams Assorted
200g Each

MASSIVE SAVINGS



17⁹⁹
Simba Potato Chips
Assorted 120g Each



**ANY 2
20⁹⁹**
Truda Spookies
Chutney or Flyers
Cheese & Chives
100g



53⁹⁹
Pringles Potato
Chips Assorted 165g
Each



42⁹⁹
SAVE E17
Manhattan Pink &
White Marshmallows
400g Each



13⁹⁹
Cadbury Bournville
Classic Dark
Chocolate 80g

19⁹⁹
Cadbury Dairy
Milk Chocolate Bar
Assorted 80g Each



**BUY 2
25⁹⁹**
Cadbury P.S. Caramilk
or 5 Star Chocolate
Bar 48g



48⁹⁹
SAVE E12
Cadbury Chomp
Party Pack or P.S.
Caramilk Minis
168g/171g Each



79⁹⁹
SAVE E10
Sally Williams
Nougat Chocolate
Assorted 125g Each

2L

16⁹⁹

Pepsi Cola or Mirinda Soft Drink Assorted 2 Litre Each

2L

E21

Fanta Orange, Stoney Ginger Beer or Sprite Lemon Lime Soft Drink 2 Litre Each

2L

ANY 2 E28

Pepsi Cola Light or Max 2 Litre

2L

ANY 2 24⁹⁹

Twizza Soft Drink Assorted 2 Litre

1L

ANY 2 39⁹⁹

Twizza Mixer Drink Assorted 1 Litre

MASSIVE SAVINGS

ANY 2 ANY 2 E22

Fanta Orange, Sparletta Sparberry, Stoney Ginger Beer, Twist Lemon, Schweppes Dry Lemon or Coca-Cola Soft Drink Assorted 300ml

3L

18⁹⁹

Kingsley Cola 3 Litre

1L

29⁹⁹

Rhodes 100% Fruit Juice Blend Assorted 1 Litre Each

1L

36⁹⁹

Liqui-Fruit 100% Fruit Juice Blend Assorted 1 Litre Each

13⁹⁹

Manhattan Flavoured Ice Tea Assorted 500ml Each

ANY 3 24⁹⁹

Fruicana Juice Drink Assorted 430ml

ANY 2 19⁹⁹

aQuellé Viv Sports Drink Assorted 500ml

17⁹⁹

Red Bull Energy Drink Assorted 250ml Each

ANY 2 19⁹⁹

Score Energy Drink Assorted 500ml

ANY 2 E30

Monster Energy Drink Assorted 500ml

5L

23⁹⁹

aQuellé Natural Still Spring Water 5 Litre

E45

Cappy Orange Burst 6x200ml

17⁹⁹

Embe Natural Spring Water 6x500ml

ANY 2 E21

aQuellé Flavoured Still Water Assorted 750ml

PERSONAL CARE



67⁹⁹

Nivea Body Lotion or Cream Assorted 400ml Each



99⁹⁹

Nivea Body Lotion Assorted 625ml Each



132⁹⁹

Niveo Q10 Body Lotion Assorted 400ml Each



**ANY 2
E85**

Nivea Deodorant Assorted 150ml



21⁹⁹

Colgate Toothpaste Assorted 75ml/100ml Each



23⁹⁹

Colgate Junior Toothpaste Assorted 50ml Each



29⁹⁹

Colgate Gel Toothpaste Assorted 100ml Each



**ANY 2
E54**

Nivea Roll-On Assorted 50ml



94⁹⁹

30% OFF

Nivea Extra Gentle Eye Make Up Remover 125ml



107⁹⁹

30% OFF

Nivea Nourishing Day Cream & Moisturising Night Cream 50ml Each



169⁹⁹

30% OFF

Nivea Perfect & Radiant Facial Cream Assorted 50ml Each



98⁹⁹

SAVE E20

Colgate 360 Clean Medium Toothbrush 2s Each



23⁹⁹

Bramley Body Lotion Assorted 400ml Each



22⁹⁹

Clere Gly-Co-Oil 100ml



13⁹⁹

Even & Lovely Even Tone Face Cream Moisturizer 25ml



**BUY BOTH
85⁹⁹**

SAVE E21

English Blazer Body Spray Assorted 200ml & Roll-On Assorted 50ml



**BUY BOTH
55⁹⁹**

SAVE E11

Exclamation Body Spray Assorted 90ml & Roll-On Assorted 50ml



69⁹⁹

Dove Beauty Cream Bar Assorted 4x90g Each



15⁹⁹

Protex Soap Bar Assorted 200g Each



52⁹⁹

Ingram's Body Cream Assorted 450ml/500ml Each



52⁹⁹

Perfect Touch Gel Assorted 250g Each



39⁹⁹

Sta-Sof-Fro Blow Out Relaxer 250ml



19⁹⁹

Lil-Lets Pantyliners Assorted 25s Each



31⁹⁹

Lil-Lets Smartfit Tampons 16s



55⁹⁹

Vaseline Body Cream Assorted 400ml Each



77⁹⁹

SAVE E17

Satskin Bubble Bath Assorted 2 Litre Each



79⁹⁹

Organics Shampoo Assorted 1 Litre Each



22⁹⁹

Lil-Lets Pads with Wings Assorted 8s/10s Each



35⁹⁹

Panado Tablets Assorted 24s Each

BABY CARE



21⁹⁹

Purity Baby's Soft Mabele Porridge Assorted 350g Each



25⁹⁹

Purity 1st or 3rd Baby Food Cereal Assorted 200g Each



Find the right range for every step of the journey



49⁹⁹

Purity 1st or 2nd Baby Food Cereal Assorted 450g Each



63⁹⁹

SAVE E10
Purity 2nd Baby Food Milk Fruity Cereal 450g



39⁹⁹

Purity 2nd or 3rd Baby Food Cereal Assorted 200g Each



**ANY 3
E46**

SAVE E10

Purity 2nd Baby Food Assorted 125ml



**ANY 2
35⁹⁹**

Purity 3rd Baby Food Assorted 200ml



**ALL 4
E68**

SAVE E11

2x Purity 4th Baby Food Assorted 250ml & 2x Fruit Juice Blend Assorted 200ml



123⁹⁹

Nestle Nespray 850g



97⁹⁹

Huggies Extra Care Diaper Value Pack



164⁹⁹

SAVE E11

Huggies Dry Comfort Diaper Value Pack Assorted Each



96⁹⁹

SAVE E16
Epi-Max Cream 400g

3kg

119⁹⁹

OMO Auto Washing Powder Assorted 3kg Each

2kg

54⁹⁹

Surf Regular Hand Washing Powder Assorted 2kg Each

2kg

OR

1.5L

72⁹⁹

Sunlight Auto Washing Powder Assorted 2kg or Liquid Detergents 1.5 Litre Each

GREAT SAVINGS ON CLEANING ESSENTIALS

52⁹⁹

Mr. Sheen Oxi Ultra Wash Fabric Stain Remover Assorted 400g-650g Each

14⁹⁹

Sunny Laundry Soap Bar 450g

21⁹⁹

Sunny Green Bar Soap Wrapped 800g Each

57⁹⁹

SAVE E12

Sta-Soft Fabric Softener Assorted 500ml Each

21⁹⁹

Sunny Fabric Conditioner Assorted 500ml Each

43⁹⁹

Comfort Laundry Fabric Softener Refill Assorted 800ml Each

19⁹⁹

Sunny Dishwashing Liquid 750ml Each

29⁹⁹

Sunlight Regular Dishwashing Liquid 750ml

30⁹⁹

Sunlight Platinum Dishwashing Liquid Assorted 750ml Each

27⁹⁹

Sunlight Regular Dishwashing Liquid Refill 750ml

24⁹⁹

Jeyes Bleach Assorted 750ml Each

25⁹⁹

Handy Andy Multipurpose Cleaner Assorted 750ml Each

29⁹⁹

Domestos Thick Bleach Assorted 750ml Each

26⁹⁹

PnP Ultra Thick Bleach Assorted 750ml Each

1L

ANY 2 E37

Sunny Bleach Assorted 1 Litre

22⁹⁹

Airoma Aerosol Assorted 210ml Each

48⁹⁹

SAVE E10

Air Scents Auto Fresh Refill Assorted 250ml Each

E30

SAVE E10

Air Scents Fragrance Mist Assorted 350ml Each

29⁹⁹

Doom Insecticide Assorted 180ml Each

42⁹⁹

Doom Insecticide Assorted 300ml Each

59⁹⁹

SAVE E10

Peaceful Sleep Mosquito Room Spray 180ml

34⁹⁹

Mr. Sheen Multi Surface Cleaner Assorted 400ml Each

29⁹⁹

Mr. Sheen Tile Cleaner Assorted 1 Litre Each

8kg

**134⁹⁹****SAVE E11**

Sun Sun Dog Food Assorted 8kg Each

6kg

**149⁹⁹**

Bob Martin Dog Food Assorted 6kg Each

8kg

**169⁹⁹****SAVE E30**

Bobtail Dog Food Assorted 8kg Each

7kg

**144⁹⁹****SAVE E15**

Bonzo Adult Dog Food Chicken Flavour 7kg

10kg

**86⁹⁹**

Sunny Mixed Fowl Food 10kg

10kg

**86⁹⁹**

Sunny Crushed Yellow Crush Maize 10kg

**97⁹⁹**

Pamper Fine Cuts Assorted 12x85g Each

**18⁹⁹**

Pamper Cat Food Assorted 385g/400g Each

**ANY 2 E41****SAVE E10**

Petley's Adult Cat Food Assorted 375g

**19⁹⁹**

Husky Wet Dog Food Assorted 385g/400g Each

**28⁹⁹**

Husky Wet Dog Food Assorted 775g Each

**27⁹⁹**

Boss Adult Dog Food Assorted 775g-820g Each

**ANY 2 E47****SAVE E12**

Butch Dog Food Assorted 820g Each

**34⁹⁹**

Petley's Adult Cat Food Assorted 775g Each

**17⁹⁹**

Beeno Flaties or Rollies Assorted 120g Each

**53⁹⁹**

Beeno Crunchy Oven Baked Biscuits Assorted 800g Each

**105⁹⁹****SAVE E27**

Bob Martin Tablets Assorted 30s Each

**Pick n Pay**

PRICES VALID 16 FEBRUARY - 1 MARCH 2026

Otima®



BUY 5
E30

SAVE E20
Otima Round Food Saver



BUY 4
E25

SAVE E15
Otima Snap it Rectangle Food Saver 600ml



BUY 2
E31

SAVE E17
Otima Minibloc 2x250ml



9⁹⁹

Otima Microwave Cover 285mm



219⁹⁹

SAVE E80

Goldair Glass Kettle



45⁹⁹

SAVE E10

Bar Bütler Bottle Opener Maroon Each



209⁹⁹

SAVE E55

Aim Ceramic Steam Iron 2000W



48⁹⁹

SAVE E10

Pretty Baby Regular Slim Bottle 2x120ml



69⁹⁹

SAVE E13

Pretty Baby Regular Slim Bottle 2x240ml



219⁹⁹

SAVE E40

Pineware Steam Spray Iron 1400W



ANY 4
E16

Premier Single Pot Scourer



26⁹⁹

PnP Ultra Silver Lined Rubber Gloves Small



39⁹⁹

SAVE E10

Shield Fresh 24 Car Air Freshener Assorted 7ml Each



39⁹⁹

SAVE E30

Shield Tyre Gloss 400ml Each



289⁹⁹

SAVE E60

Carmen Ebony Hot Comb



16⁹⁹

P.M.A Buff Tape 488mmx50m



37⁹⁹

SAVE E10

Eveready Power Plus Gold Batteries 2s



29⁹⁹

P.M.A Energy Saver Globe 15W Each



449⁹⁹

SAVE E10

hth Granular+ Mineralsoft Chlorine 8kg Each

Pick n Pay

PRICES VALID 16 FEBRUARY - 1 MARCH 2026

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Available in-store at all till points



MoMo is now accepted at all Pick n Pay stores

Crescent: +268 2416 2247/19
Gables, Ezulwini: +268 2416 3425/6

Mbabane: +268 2404 0571
Malkerns: +268 2528 3236/27

Mashayitafula: +268 2518 4817/07
Matsapha: +268 2518 7110 / 7368

Matsapha Link: +268 7806 8389
Nhangano: +268 2207 7400/09

The Hub, Manzini: +268 2505 8246 / 3875

*NRB: Non-Returnable Bottle. While stocks last. Selected products may not be available at all stores. We reserve the right to limit quantities. Prices inclusive of VAT, where applicable. No traders please. E&OE.