

Pick n Pay

The Fresh Food People.

Everyday staples for every family

VALID 7 - 30 SEPTEMBER 2026



2kg

72⁹⁹

PnP IQF Frozen Chicken Mixed Portions 2kg



117⁹⁹

Kitale Large Eggs 60s



2L

38⁹⁹

Parmalat Emasi Eselwa Creamy 2 Litre



5kg

72⁹⁹

PnP Livewell Super Maize Meal 5kg



2kg

22⁹⁹

PnP Parboiled Rice 2kg



2kg

39⁹⁹

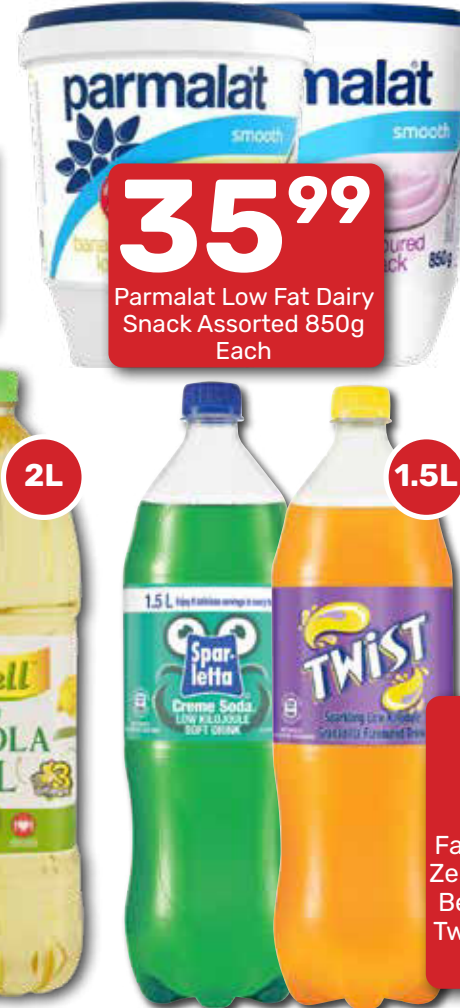
PnP Brown Sugar 2kg



1.5L

53⁹⁹

Sun Sun Cooking Oil 1.5 Litre



35⁹⁹

Parmalat Low Fat Dairy Snack Assorted 850g Each



1L

27⁹⁹

Rhodes 100% Fruit Juice Blend Assorted 1 Litre Each



2L

89⁹⁹

B-Well Canola Oil 2 Litre



1.5L

E17

Fanta Orange, Coca-Cola Zero Sugar, Stoney Ginger Beer, Sprite, Sparletta or Twist Soft Drink Assorted 1.5 Litre *NRB Each



1.8L

69⁹⁹

Ola Rich 'n Creamy Ice Cream Assorted 1.8 Litre Each

AVAILABLE AT ALL PICK n PAY ESWATINI SUPERMARKETS