

Pick n Pay

The Fresh Food People.

VALID 1 OCTOBER - 1 NOVEMBER 2026



Everyday staples for every family



Potatoes 2kg

E20

Potatoes 7kg

E75



Pre-Pack Carrots
1kg

E14

Bulk Carrots
5kg

E25



Beetroot 5kg

E45



Butternut 7kg

E60



Green Cabbage
Each

E15



Loose Ginger
Per kg

E75

AVAILABLE AT ALL PICK n PAY ESWATINI SUPERMARKETS