

Pick n Pay

The Fresh Food People.

PRICES VALID 19 OCTOBER - 1 NOVEMBER 2026

YONGA KAKHULU

SAVE BIG

**WIN A TROLLEY DASH
TO THE VALUE OF
E2000 EVERY WEEK!**

Spend E200 or more at any
Pick n Pay Supermarket to
qualify.

To enter, write your name and contact number
on your till slip, and place the till slip into the
competition entry box.

PLUS! Stand the chance to win 1 of 45 daily
vouchers to the value of E70 each.



E70
Per kg

PnP
Pork Pack



**ALL 3
E130**

Potatoes 7kg, Beetroot 5kg
& Bulk Carrots 5kg



Sun Sun Parboiled Rice 10kg, Ligugu Special Maize
Meal 10kg, Sunny Brown Sugar 3kg &
Sun Sun Cooking Oil 2 Litre

**ALL 4
E335**



175⁹⁹

Captain IQF Mixed Chicken
Portions 5kg Each



99⁹⁹

PnP Full Cream
Long Life Milk 6x1 Litre

**BUY 2
E200
SAVE E14**



116⁹⁹



36⁹⁹

Brookes Oros Flavoured
Concentrated Juice
Assorted 2 Litre Each



E23

Coca-Cola Original
Taste Less Sugar
2 Litre



89⁹⁹
SAVE E12

OMO Superlift Auto
Washing Powder
Assorted 2kg Each



106⁹⁹

PnP no name™ 2 Ply White
Toilet Tissue 18s

AVAILABLE AT ALL PICK n PAY ESWATINI SUPERMARKETS

FRESH PRODUCE



English Cucumber
Each

E14



Green Pepper
500g

E15



Tomatoes
1kg

E15



PnP White Mushrooms
Value Pack 200g

E22



PnP Watermelon
Quarter

E30



Packham Pears
1.5kg

E27



Tru-Cape Starking
Apples 1.5kg

E27



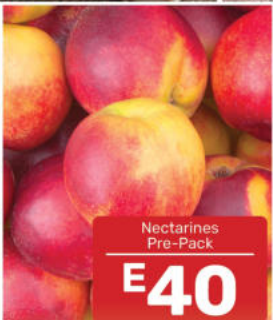
Golden Apples
3kg

E33



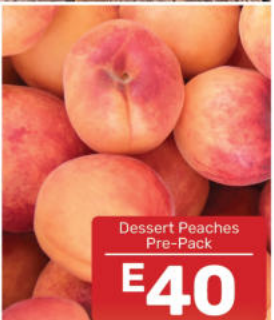
Orange Pocket
6kg

E35



Nectarines
Pre-Pack

E40



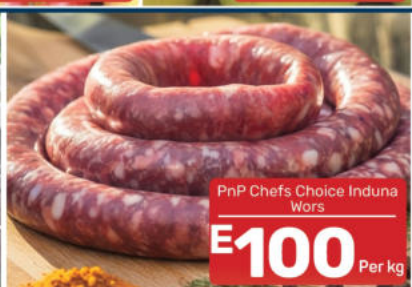
Dessert Peaches
Pre-Pack

E40



PnP Whole Large
Chicken

E50 Per kg



PnP Chefs Choice Induna
Wors

E100 Per kg



Sun Sun Induna Wors
Bucket 4kg

E117



PnP Stewing Beef
Bone-In

E135 Per kg

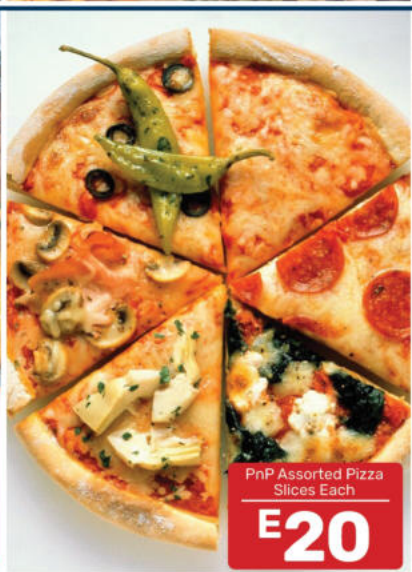


HOT DELI

ALL 3

PnP Whole Chicken BBQ
Soft Batched Rolls 6s
& Pepsi Cola 2 Litre

E120



PnP Assorted Pizza
Slices Each

E20



BAKERY

PnP Bakery Pies
Assorted Each

E17



PnP Coffee Flavoured
Gateau Cake 880g

E100



PnP Chocolate Gateau
Cake 880g

E100



Lancewood Dip & Top
Assorted 175g Each



Lancewood Cream Cheese
Assorted 230g Each



Lancewood Cottage Cheese
Assorted 250g Each



The Laughing Cow
Cheese Wedges Assorted
120g Each



Castello Blue
or Creamy Blue
Cheese 100g Each



Lancewood Processed
Cheese Assorted 175g Each



Lancewood Cheese
Assorted 900g Each



Parmalat Cheese
Assorted 850g Each



Parmalat or Melrose
Flavoured Full Cream
Processed Cheese Slices
Assorted 400g Each



First Choice Processed
Cheese Slices Assorted
200g Each

Pick n Play

PRICES VALID 19 OCTOBER - 1 NOVEMBER 2026

BUY ANY 4 GET 15% OFF

16⁹⁹

Steri Stumpie Flavoured Low Fat Milk Assorted 350ml Each

BUY ANY 4 GET 15% OFF

15⁹⁹

Steri Stumpie Flavoured Low Fat Milk Assorted 350ml Each

15⁹⁹

Clover Bliss Double Cream Drinking Yoghurt Assorted 250g Each

ANY 2 **E48**

Parmalat Low Fat Dairy Snack Assorted 6x100g

1.5L

127⁹⁹

SMART SHOPPER PRICE

1.5L

46⁹⁹

SMART SHOPPER PRICE

28⁹⁹

Rama Original 70% Fat Spread 500g Brick

47⁹⁹

SMART SHOPPER PRICE

Fry's Family Pies Assorted 350g Each

119⁹⁹

SMART SHOPPER PRICE

Pieman's Frozen Pies Assorted 160g Each

46⁹⁹

SMART SHOPPER PRICE

Mr Juice 100% Fruit & Vegetable Juice Blend Assorted 1.5 Litre Each

1kg

13⁹⁹

Umbuluzi Heads and Feet 1kg

1kg

13⁹⁹

Umbuluzi Mathumbu 1kg

1kg

17⁹⁹

Umbuluzi Chicken Necks 1kg

1kg

24⁹⁹

Umbuluzi Soup Pack 1kg

59⁹⁹

Thompson's Vienna Assorted 1kg Each

29⁹⁹

Thompson's French Polony 1kg Each

1.8L

69⁹⁹

Ola Rich'n Creamy Ice Cream Assorted 1.8 Litre Each

16⁹⁹

Rondo 37% Fat Spread 500g Brick

69⁹⁹

Lynca Meats Kasegriller Sausages 500g

27⁹⁹

Lynca Meats Prime Cut Bacon 200g

1kg

33⁹⁹

Stork Country Spread 40% Fat 500g Tub

1kg

38⁹⁹

Lihlungu Dairy Double Thick Full Fat Yoghurt Assorted 1kg Each

1kg

57⁹⁹

Lancewood Double Cream Plain Yoghurt Assorted 1kg Each

79⁹⁹

First Choice Salted Butter 500g Brick

99⁹⁹

Sea Harvest Crisp & Chunky Portions Assorted 500g Each

79⁹⁹

Sea Harvest Fish Fingers 600g Each

77⁹⁹

Dr.Oetker Ital Pizza Snack Slices Assorted 6s Each

144⁹⁹

Dr.Oetker Ital Pizza Margherita Value Pack 4s

1kg

35⁹⁹

Emvelo Full Cream Emasi 2 Litre

2L

44⁹⁹

Bonnita Cabana Dairy Fruit Juice Blend Assorted 2 Litre Each

1L

14⁹⁹

Mandla or Iwisa Mahewu Flavoured Maize Drink or Iwisa Mageu Assorted 1 Litre Each

85⁹⁹

Parmalat Salted Butter 500g Brick



49⁹⁹
SMART SHOPPER PRICE

PnP Medium Fat Cream Cheese Assorted 175g Each



39⁹⁹

PnP Yoghurt Assorted 1kg Each



PnP Medium Fat Maas 2kg

37⁹⁹



29⁹⁹

PnP Condensed Milk 385g Each



45⁹⁹

PnP no name™ Mixed Vegetables 900g



83⁹⁹

PnP no name™ Straight Cut Potato Chips 1.5kg



49⁹⁹

PnP Vegetable Stir Fry Mix 700g



59⁹⁹
SMART SHOPPER PRICE

PnP Garden or Country Crisp Mix 1kg Each



47⁹⁹

PnP Cottage Cheese Assorted 250g Each



62⁹⁹

PnP no name™ Chicken Polony 2kg



69⁹⁹
SMART SHOPPER PRICE

PnP Muesli Assorted 750g Each



47⁹⁹

PnP Cook in Sauce Assorted 400g Each



34⁹⁹

PnP no name™ Corned Meat 300g



11⁹⁹

PnP no name™ Baked Beans in Tomato Sauce 410g



19⁹⁹

PnP no name™ Tomato Sauce 700ml



25⁹⁹

PnP no name™ Chutney Assorted 430g Each



25⁹⁹

PnP Creamy Salad Dressing Assorted 315ml Each



32⁹⁹

PnP Chutney Assorted 470g Each



41⁹⁹

PnP Marinade Assorted 750ml Each



39⁹⁹

PnP Smooth Apricot Jam 900g



66⁹⁹

PnP Irradiated Honey 500g



ANY 2 E40

PnP no name™ Shredded Tuna Assorted 170g



ANY 2 E56

PnP no name™ Thick Bleach Assorted 750ml



BUY ANY 4 GET 15% OFF

33⁹⁹

PnP 100% Fruit Juice Assorted 1 Litre Each



ALL 3 E160

PnP Braai Charcoal 4kg, Briquettes 4kg & Firelighters 12s

5kg

1.5L

1.5L

BUY ALL 3

E169

Sun Sun Parboiled Rice 5kg
Eagles Nest Extra Large Eggs 30s
& Sun Sun Cooking Oil 1.5 Litre

5kg

10kg

1.5L

BUY ALL 3

E242

Sun Sun Parboiled Rice 10kg,
Sunny Brown Sugar 5kg
& Sun Sun Cooking Oil 1.5 Litre

YONGA KAKHULU

SAVE BIG

1L

72⁹⁹

SMART SHOPPER PRICE

10kg

93⁹⁹

PnP Parboiled Rice 10kg

500 g

15⁹⁹

Fatti's & Moni's Macaroni or Spaghetti 500g Each

500

53⁹⁹

Barilla Pasta Assorted 500g Each

5 PACKS

28⁹⁹

Kellogg's Instant Noodles Assorted 5x70g Each

1L

72⁹⁹

SMART SHOPPER PRICE

SELECTED STORES ONLY

10kg

99⁹⁹

Umsebe Value Maize Meal 10kg

750g

42⁹⁹

Crosse & Blackwell Mayonnaise 750g

700ml

29⁹⁹

All Gold Tomato Sauce 700ml

340ml

34⁹⁹

SMART SHOPPER PRICE

200g

18⁹⁹

Robertson's Braai & Grill Spice Assorted 200g Each

128g-168g

25⁹⁹

Robertson's Spice Refill Assorted 128g-168g Each

10kg

129⁹⁹

Top Score Super Maize Meal 10kg

400g

15⁹⁹

Koo Baked Beans in Tomato Sauce 400g

400g

29⁹⁹

Sunny Pilchards Assorted 400g Each

400g

33⁹⁹

Lucky Star Pilchards Assorted 400g Each

12g-79g

13⁹⁹

Robertson's Spices & Herbs Assorted Refill 12g-79g Each

75g

16⁹⁹

Knorr Aromat Assorted 75g Each

4kg

115⁹⁹

Sunny Red Speckled Beans 4kg

200g

24⁹⁹

Top Class Curry Powder Assorted 200g Each

12

23⁹⁹

Imana Stock Cubes Assorted 12s Each

50g

14⁹⁹

Robertson's Rajah Curry Powder Assorted 50g Each

100g

21⁹⁹

Robertson's Rajah Curry Powder Assorted 100g Each

200g

33⁹⁹

Robertson's Rajah Curry Powder Assorted 200g Each

400g

22⁹⁹

Top Class Soya Mince Assorted 400g Each

400g

30⁹⁹

Knorr Soya Mince Assorted 400g Each

45g

4⁹⁹

Knorr Packet Soup Assorted 45g Each

34-43g

14⁹⁹

Knorr Packet Sauce Assorted 34-43g Each

43g-48g

17⁹⁹

Knorr Potato, Vegetable Bake or Cook-in Sauce Assorted 43g-48g Each



Five Roses Ceylon Blend Tea 100s



Rhodes Smooth Apricot Jam 900g



Sunny Peanut Butter Assorted 400g Each



Sunny Fine Mabele 2kg



Mega Star Fine Mbele 5kg



Jungle Oats 1kg



Bokomo Weet-Bix Wholegrain Biscuits 900g



Ellis Brown Creamer 750g



Top Score Instant Maize Porridge Assorted 1kg



Jungle High Protein Porridge Assorted 500g Each



House of Coffees Hug in a Mug Cappuccino Assorted 24g-25g Each



Jacobs Instant Cappuccino Assorted 8s-10s Each



Kellogg's Corn Flakes 750g



Kellogg's Coco Pops, Frosties, Chocos, Cereal Mash Up, Crunchies, Froot Loops or Rice Krispies Assorted 340/350g Each



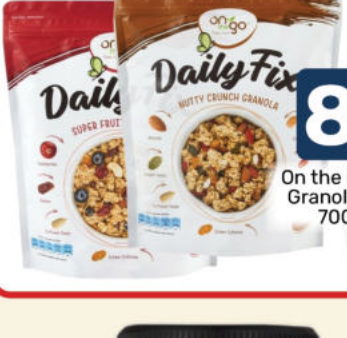
Tea Time Black Tea Blend 26s



Laager Pure Rooibos Teabags 80s



Five Rose Tea Latte Assorted 10s Each



On the Go Daily Fix Granola Assorted 700g Each



Starbucks Capsules Assorted 10x53g-55g Each



Nescafé Instant Coffee Assorted 200g Each



Yum Yum Peanut Butter Assorted 400g Each



Sunny Jam Assorted 900g Each



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SAVE BIG



35⁹⁹

Emlembe Natural Still Spring Water 6x500ml

ANY 2
E25

SMART SHOPPER PRICE

Coca-Cola, Fanta, Sprite or Stoney Ginger Beer Assorted Carbonated Soft Drink 440ml



79⁹⁹

Red Bull Energy Drink Assorted 4x250ml



ANY 2
E22

Score Energy Drink Assorted 500ml



ANY 2
E26

Power Play Energy Drink Assorted 500ml



26⁹⁹

aQuellé Natural Spring Still Water 5 Litre



E16

Cappy 100% Fruit Juice Assorted 300ml Each



ANY 2
E36

Appletiser or Grapetiser 100% Sparkling Drink 300ml



ANY 2
E28

Powerade Flavoured Sports Drink Assorted 500ml



ANY 2
E25

Bonaqua Pump Still Water Assorted 750ml



ANY 2
E33

Mountain Dew Regular, Mirinda Orange or Pepsi Cola Soft Drink 2 Litre



E20

Cappy Orange Burst 1.5 Litre *NRB



44⁹⁹

Rose's Flavoured Cordial Assorted 750ml Each



34⁹⁹

Brookes Oros Ready to Drink Juice Assorted 6x300ml Each



E22

Fanta Orange or Stoney Ginger Beer 2 Litre Each

Pick n Play

PRICES VALID 19 OCTOBER - 1 NOVEMBER 2026

SWEETS & TREATS



ANY 2
€40
Cadbury Dairy Milk
Chocolate Slab 80g



54.99

Pringles Potato Chips
Assorted 165g Each



23.99

Willards Flings or Cheese
Curds Assorted 150g Each



ANY 2
€38

Willards Crinkle Cut Potato
Chips Assorted 120g



33.99

Bakers Salticrax
Assorted 200g Each



ANY 2
€40

Bakers Blue Label Marie
Biscuits Assorted 200g



41.99

Bakers Mini Cheddars
Assorted 198g Each



ANY 2
€80
SAVE €10

Bakers Romany Creams or
Choc-kits Assorted 200g



ANY 2
€35

Beacon mmmMallows
Assorted 135g



ANY 2
€43

Beacon Maynards Jellies or
Gummies Assorted 100g



ANY 2
€50

Beacon Fizz Pop
Assorted 10s



47.99

Wrigley's Orbit or
Airwaves Gum Assorted
30s-46s Each



ANY 2
€23

Skittles Candy Assorted
38g



59.99

Bounty Minis Coconut
Chocolate 227g



PERSONAL CARE



Clere
GLY-CO-OIL
pure glycerine + tissue oil
FOR ALL SKIN TYPES

25⁹⁹

Clere Gly-Co-Oil Assorted 100ml Each

POND'S
PERFECT COLOUR COMPLEX™
anti-marks
serum face cream
Tones blemishes for naturally even & smooth skin.

46⁹⁹

Pond's Serum Face Cream for Combination or Very Oily Skin 40ml Each

**BUY ANY 2
E66
SAVE E24**

44⁹⁹

Dettol Handwash Pump Assorted 500ml Each

**BUY ANY 2
E112
SAVE E50**

80⁹⁹

Dettol Shower Gel Assorted 500ml Each

49⁹⁹
SAVE E14

Lil-Lets Thin Pantyliners Assorted 100s Each



**BUY ANY 2
E32**

Lifebuoy
WITH MULTIVITAMINS
100% STRONGER GERM PROTECTION
HERBAL

16⁹⁹

Lifebuoy Soap Bar Assorted 175g Each

Preserves Natural Skin Barrier
Protects against 99.9% of germs**

Prote
Deep Clean Charcoal

17⁹⁹

Protex Soap Bar Assorted 200g Each

SA's No.1 tampon
lillets
regular 16 pack
100% free from super plus

28⁹⁹

Lil-Lets Non-Applicator Tampons Assorted 16s Each

28⁹⁹

NIVEA
Body Lotion or Cream Assorted 400ml Each

66⁹⁹
SAVE E10

Sanex
EXTRA CONTROL
Roll-On Assorted 50ml Each

26⁹⁹

**BUY ANY 2
E57**

31⁹⁹

Nivea Roll-On Assorted 50ml Each

56⁹⁹

Kotex Ultra Thin Pads Assorted 16s-20s Each

Kotex
ULTRA THIN
BODY CONFORMING FIT
UP TO ZERO LEAKS*

20 PADS
16 PADS

Colgate
Triple Action
100ml or Active Salt Toothpaste 75ml Each

19⁹⁹

White Glo
TIGHT SQUEEZE
Toothpicks 100s Each

59⁹⁹

Colgate
Toothpaste Assorted 100ml Each

24⁹⁹

**BUY ANY GET 1
12% OFF**

21⁹⁹

White Glo Advantage Toothpaste Assorted 75ml Each



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PRICES VALID 19 OCTOBER - 1 NOVEMBER 2026

HOUSEHOLD ESSENTIALS

BUY ALL 3
E60
SAVE E28

Domestos, Handy Andy
Assorted 750ml &
Sunlight Regular Dishwashing
Liquid Refill 750ml



BUY 2
36⁹⁹

Sunny Dishwashing
Liquid 750ml Each



49⁹⁹

Surf Hand Washing Powder
Assorted 2kg Each



89⁹⁹
SAVE E17

Sunlight Hand Washing
Powder Assorted 3kg Each



22⁹⁹

Sunny Green Bar Soap
800g Each



384⁹⁹

OMO Professional
Auto Washing Powder
Assorted 9kg Each



89⁹⁹

OMO Auto Power
Capsules Assorted
14s Each



32⁹⁹

Sta-Soft Fabric
Conditioner Doy Pack
Assorted 800ml Each



44⁹⁹

Comfort Fabric
Conditioner Value
Pack Assorted Each



19⁹⁹

Sunny Fabric
Conditioner Assorted
500ml Each



BUY 2
59⁹⁹

Sunlight
Dishwashing
Liquid 750ml

22⁹⁹

Sunlight Fabric
Conditioner Refill
Assorted 500ml Each



18⁹⁹

Sunny Bleach Assorted
1 Litre Each



ANY 2
34⁹⁹

Jik Bleach Assorted
750ml



35⁹⁹

Mr. Sheen Clear View
Glass & Multisurface
Cleaner 1 Litre



32⁹⁹

Mr. Sheen Tile Cleaner
Assorted 1 Litre Each



1.5L

59⁹⁹

Sunlight 2in1 Auto
Washing Liquid 1.5 Litre

BUY 2
E50

Sunlight Laundry Soap
500g



164⁹⁹

Handy Andy
Professional Cleaner
Assorted 5 Litre Each



45⁹⁹

Doom Insecticide
Assorted 300ml Each



ANY 2
41⁹⁹

Airoama Aerosol
Assorted 210ml

Pick n Play

PRICES VALID 19 OCTOBER - 1 NOVEMBER 2026



8kg

519⁹⁹
SAVE E23

Montego Karoo Dry Dog Food Assorted 8kg Each



8kg

139⁹⁹
SAVE E10

Sun Sun Dry Dog Food Assorted 8kg Each



ANY 2
57⁹⁹
SAVE E10

Husky Wet Dog Food Assorted 775g




8kg

167⁹⁹

Montego Monty & Me Adult Dry Dog Food Assorted 8kg Each



ANY 2
17⁹⁹

Montego Classic Cat Food Assorted 85g



126⁹⁹
SAVE E13

Pamper Dry Cat Food Assorted 2kg Each



2kg

85⁹⁹
SAVE E12

Montego Monty & Me Adult Cat Food 2kg



8kg

169⁹⁹

Bobtail Dog Food Assorted 8kg Each



10kg

79⁹⁹

Sunny Crushed Yellow Maize 10kg



10kg

86⁹⁹

Sunny Mixed Fowl Food 10kg



Pick n Pay

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299⁹⁹
SAVE E68

HTH Granular+ Chlorine Mineral Soft 4kg

ANY 3 26⁹⁹
SAVE E18

Otima Snap It 4 Division Lunch Box

ANY 2 E28

Otima Snap It Mini Set 125ml

ANY 2 47⁹⁹
SAVE E12

Otima Miniblox Lunch Box 250ml 2s

53⁹⁹
SAVE E10

Kitchen Bread Knife Each

699⁹⁹
SAVE E49

Elektra Manual Air Fryer 5 Litre

119⁹⁹
SAVE E21

hth Pace Small Floater

139⁹⁹
SAVE E20

HTH Small Pool Floater+

99⁹⁹
SAVE E30

Otima Flip Top Dustbin 50 Litre

117⁹⁹
SAVE E20

Kitchen Inspire 6 Cup Muffin Pan

119⁹⁹
SAVE E21

Kitchen Inspire Steak Knife Set 4 Piece

48⁹⁹
SAVE E10

Kitchen Inspire Spaghetti Ladle Each

21⁹⁹
SAVE E23

PnP A4 Pre-Cut Colour Covers 10 Piece

69⁹⁹
SAVE E14

Butterfly A4 Filing Pockets 100s

75⁹⁹
SAVE E14

Mondi Rotatrim A4 White Paper 500s

149⁹⁹
SAVE E30

Blue Mountain Folding Kiddies Camp Chair

209⁹⁹
SAVE E41

Pride Red Cooler Box 25 Litre

1649⁹⁹
SAVE E189

Goldair Coffee Machine+Grinder

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PRICES VALID 19 OCTOBER - 1 NOVEMBER 2026

JOIN SMART SHOPPER FOR FREE *Today* and never miss out on your discounted savings.

Join our **WhatsApp** for all the latest details

we work we connect we serve

Electricity : Available at all Pick n Pay Eswatini tillpoints