Pick n Pay

The Fresh Food People.

PRICES VALID 2 - 18 NOVEMBER 2026

25 ANNIVERSARY

IT'S A BIG DEAL!



Potatoes 7kg, Beetroot 5kg & Bulk Carrots 5kg

BUY ALL 3 E140



E70

PnP Pork Pack Per kg



Regular Price 24.99

BUY 2 FOR E35

SAVE E15

SMART SHOPPER PRICE

Coca-Cola Original Taste Less Sugar 1.5 Litre



ALL 4 E342

Ligugu Special Maize Meal 10kg, Sun Sun Parboiled Rice 10kg, Sun Sun Cooking Oil 2 Litre & Sunny Brown Sugar 3kg

All Gold Tomato Sauce 700ml

33.99

PnP Full Cream Fresh Milk 2 Litre

39.99



PnP IQF Frozen Chicken Mixed Portions 5kg

174.99



Umcenge Long Life Full Cream Milk 6x1 Litre

119.99



Douwe Egberts Instant Coffee Assorted 200g Each

149.99

SAVE E82



109.99 EACH

BUY 2 FOR E200

SAVE E14

PnP no name ™ 2 Ply White Toilet Tissue 18s



79.99

SAVE E14

Sunlight 5 in 1 Handwash Powder Assorted 3kg Each

AVAILABLE AT ALL PICK n PAY ESWATINI SUPERMARKETS

Pick n Pay

25 ANNIVERSARY

IT'S A **BIG DEAL!**



Stand a chance to win 1 of 5 appliance hampers to the value of E5000 each

Spend E350 or more on participating products to stand a chance to qualify.

To enter, write your name and contact number on your till slip, and place the till slip into the competition entry box.

*Excludes Liquor Wholesale and Hyper Liquor

PROMOTION VALID: 2 - 18 NOVEMBER 2026

Exclusive to all Pick n Pay Supermarkets and Retail Liquor Stores in Eswatini.
Competitions terms & conditions apply https://picknpayeswatini.com/competitions

picknpayeswatini.com picknpayeswatini pnpeswatini

CHEESE

Regular Price E138.99
E128.99
SMART SHOPPER PRICE
Lancewood Chedder Cheese 600g

Regular Price E178.99
E168.99
SMART SHOPPER PRICE
Parmalat Cheese Assorted 850g Each

E78.99
Parmalat or Melrose Flavoured Full Cream Processed Cheese Slices Assorted 400g Each

E34.99
Lancewood Dip & Top or Processed Cheese Slices Assorted 175g Each

E49.99
Lancewood Cottage Cheese Assorted 250g Each

E34.99
The Laughing Cow Medium Cream Cheese Wedges Assorted 120g Each

E36.99
First Choice Processed Cheese Slices Assorted 200g Each

BUTCHERY

E20.99
Umbuluzi Chicken Chakalaka Wors 500g

E41.99
Umbuluzi Chicken Chakalaka Wors 1kg

E79.99
Umbuluzi IQF Fresh Farm Chicken 2kg

E136
PnP Stewing Beef Bone-In Per kg

E100
PnP Gogo's Thick Braai Wors Per kg

E145
PnP Uncooked Boneless Gammon Per kg

E196
PnP Fresh Whole Turkey Per kg

DELI

E100
PnP 5 Piece Fried Chicken and Chips

E12.29
PnP Africa Cooked Ribs Per 100g

E8
PnP Fresh Hot Potato Chips Per 100g

E15.40
PnP Africa Cooked Russians Per 100g

BAKERY

E27
PnP Fruit Mince Pies 6s

E21
PnP Hot Dog Rolls 12s

E130
PnP Special Events Round Cake

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Pick n Pay

PRICES VALID 2 - 18 NOVEMBER 2026

25 IT'S A BIG DEAL! ANNIVERSARY

2L

Regular Price 43.99
39.99
SMART SHOPPER PRICE
Clover Tropika Assorted 2 Litre Each

2L

42.99
Bonnita Cabana Dairy Fruit Blend Assorted 2 Litre Each

1.8L

79.99
Dairymaid Country Fresh Ice Cream Assorted 1.8 Litre Each

1.8L

69.99
Ola Rich 'n Creamy Ice Cream Assorted 1.8 Litre Each

1kg

49.99
Clover Bliss Double Cream Yoghurt Assorted 1kg Each

BUY ANY 2 GET 15% OFF

34.99
Clover Bliss Double Cream Yoghurt Assorted 6x100g Each

1kg

Regular Price 57.99
54.99
SMART SHOPPER PRICE
Lancewood Double Cream Yoghurt Assorted 700g-1kg Each

47.99
Parmalat Protein Full Cream Yoghurt Assorted 800g Each

12.99
Parmalat Emasi Eselwa Full Cream Maas 500g Each

26.99
Rama Original 70% Fat Spread 500g Brick

Regular Price 105.99
99.99
SMART SHOPPER PRICE
Clover Butro Full Cream Modified Butter Spread 500g Tub

29.99
Stork Country 40% Fat Spread 500g Tub

79.99
Parmalat Smooth & Creamy Salted Butter 500g Brick Each

79.99
Clover Springbok Unsalted or Mooi River Salted Butter 500g Brick Each

55.99 SAVE E10
Flora Medium or Light 40% Fat Spread Assorted 1kg Tub Each

1kg

57.99
Thompson's Family Value Vienna's Assorted 1kg Each

1kg

32.99
Thompson's French Polony 1kg Each

36.99
Lynca Meats Back Bacon 200g

67.99
McCain Air Fryer Chips Crispers 750g

1kg

63.99
McCain Potato Chips Assorted 1kg Each

59.99
I&J Fish Bakes Assorted 360g Each

47.99
I&J Air-Fri'kn Amazing Crisps Assorted 250-260g Each

69.99
I&J Original Fish Fingers 400g

66.99
Dr. Oetker Nice 'n Easy Meals Assorted 320-250g Each

77.99
Dr. Oetker Ital Pizza Snack Slices Assorted 378-440g Each

1L

18.99
Mageu Number 1 Banana Flavoure 1 Litre Each

2L

32.99
Mageu Number 1 Banana Flavoure 2 Litre

1L

14.99
Mandla Mahewu Maize Drink Assorted 1 Litre Each

12.99
Iwisa Power Up Multigrain Assorted 500ml Each

2.99
Mandla Mahewu Maize Drink Assorted 200ml Each

BUY ANY 4 E56
Clover Tropika Dairy Blend Assorted 500ml

Pick n Pay

PRICES VALID 2 - 18 NOVEMBER 2026

PnP and no name™ Everyday Value



11.99
no name ™ Baked Beans in Tomato Sauce 410g Each



BUY 2 E30
no name ™ 40% Butter Spread 500g Brick



59.99
no name ™ Chicken Polony 2kg Each



BUY ANY 2 E40
no name ™ Tuna Assorted 170g



19.99
PnP no name ™ Tomato Sauce 700ml Each



BUY 2 E50
no name ™ Thick Bleach Assorted 750ml



Regular Price 54.99
49.99
SMART SHOPPER PRICE
no name ™ Foam Bath Assorted 2 Litre Each



52.99
PnP Cream Cheese Assorted 175g Each



47.99
PnP Cottage Cheese Assorted 250g Each



Regular Price 78.99
73.99
SMART SHOPPER PRICE
PnP South African Feta Cheese Assorted 400g Each



41.99
PnP Low Fat Yoghurt Assorted 1kg Each



36.99
PnP Medium Fat Maas 2kg Each



59.99
PnP Frozen Chips Assorted 1kg Each



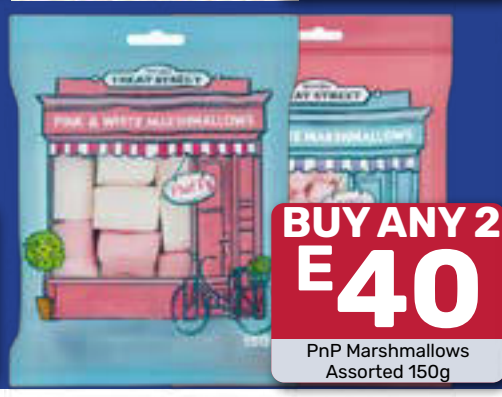
57.99
PnP Frozen Vegetables Assorted 750g Each



BUY ALL 3 E160 SAVE E38
PnP Braai Charcoal 4kg, Briquettes 4kg & Firelighters 12s



BUY ANY 2 E56
PnP 100% Fruit Juice Assorted 1 Litre



BUY ANY 2 E40
PnP Marshmallows Assorted 150g



BUY ANY 2 E32
PnP Potato Chips Assorted 100g

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PRICES VALID 2 - 18 NOVEMBER 2026



36.99
Tastic Long Grain Parboiled Rice 2kg



BUY ALL 3 E169
Sun Sun Parboiled Rice 5kg, Kitale Large Eggs 30s & Sun Sun Cooking Oil 1.5 Litre



BUY ALL 3 E252
Sun Sun Parboiled Rice 10kg, Sunny Brown Sugar 5kg & Sun Sun Cooking Oil 1.5 Litre



89.99 SAVE E10
B-Well Pure Canola Oil 2 Litre



67.99
Iwisa Super Maize Meal 5kg



62.99
Sunny Brown Sugar 3kg Each



39.99
Bakers Pride Self Raising Flour 2.5kg



BUY ANY 2 E32
Fatti's & Moni's Pasta Assorted 500g



16.99
Knorr Aromat Assorted 75g Each



31.99
Top Class Spice Mix Assorted 350g Each



15.99
Koo Baked Beans in Tomato Sauce 400g Each



33.99
Lucky Star Pilchards Assorted 400g Each



29.99
Sunny Pilchards Assorted 400g Each



124.99
PnP Super Maize Meal 10kg



38.99
B-Well Canola Mayonnaise Assorted 750g Each



39.99
Nola Original Mayonnaise 750g



BUY ANY 4 E80 SAVE E12
Lucky Star Instant Noodles Assorted 5s



119.99
Sun Sun Special Maize Meal 10kg



13.99
Robertsons Spice Refill 12g-79g Each



14.99
Robertsons Rajah Curry Powder Assorted 50g Each



21.99
Robertsons Rajah Curry Powder Assorted 100g Each



33.99
Robertsons Rajah Curry Powder Assorted 200g Each



18.99
Robertsons Braai & Grill Spice Assorted 200g Each



25.99
Robertsons Spice Refill Assorted 128g-168g Each



BUY ANY 2 E30
Imana Stock Cubes Assorted 12s



4.99
Knorr Packet Soup Assorted 45g Each



99.99
Umsebe Value Maize Meal 10kg



17.99
Knorr Cook-in Sauce or Potato Bake Assorted 43-48g Each



14.99
Knorr Gravy or Sauce Assorted 34g-43g Each



30.99
Knorr Soya Mince Assorted 400g Each



Regular Price 36.99
34.99
SMART SHOPPER PRICE
Knorr Salad Dressing Assorted 340ml Each

Pick n Pay

PRICES VALID 2 - 18 NOVEMBER 2026



Regular Price 85.99
75.99
SMART SHOPPER PRICE
Jungle Muesli Assorted 750g Each

Regular Price 59.99
54.99
SMART SHOPPER PRICE
Bakers Rusks Assorted 450g Each



BUY ANY 2 FOR E50 SAVE E10
Top Score Instant Maize Porridge Assorted 1kg



39.99
Jungle Oats 1kg Each



32.99
Bokomo Weet-Bix 450g Each



52.99
Kellogg's Coco Pops, Chocos, Frosties, Rice Krispies or Froot Loops Assorted 340g/350g Each



39.99
Black Cat Peanut Butter Assorted 400g Each



42.99
All Gold Jam Assorted 900g Each



71.99
Five Roses Ceylon Blend Tea 100s

25 ANNIVERSARY IT'S A BIG DEAL!



68.99
House of Coffees Hug in a Mug Cappuccino Assorted 8x24g-25g Each

46.99
Society Cappuccino Assorted 8x20g Each



25.99
Five Roses Ceylon Blend Tea 26s Each



76.99 SAVE E10
Five Roses Tea Latte Assorted 10s Each



46.99
Five Roses Strong African Blend Teabags 100s



29.99
Glen Tagless Teabags Pouch 100s



33.99
Trinco Tagless Teabags Pouch 100s



37.99
Freshpack Pure Rooibos Tagless Teabags 40s



73.99
Freshpak Cappuccino Assorted 8x20g Each



46.99
Laager Rooibos Tagless Teabags 80s

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25 ANNIVERSARY
IT'S A BIG DEAL!

COLD BEVERAGES



21.99 EACH

BUY ANY 2
E38
Red Bull Energy Drink Assorted 250ml



2L

15.99
Pepsi Cola, Mountian Dew Regular or Mirinda Orange 2 Litre Each



5L

89.99
Brookes Oros Flavoured Squash Juice Assorted 5 Litre Each



1L

24.99
Clover Tropika Eazy Flavoured Dairy Fruit Mix Assorted 1 Litre Each



1L

15.99
Wild Island Flavoured Dairy Blend Juice Assorted 1 Litre Each



11.99 EACH

BUY ANY 3
E32
Score Energy Drink Assorted 500ml Cans



9.99 EACH

BUY ANY 2
E17
Pepsi Cola or Mirinda Orange 300ml Cans



12.99 EACH

BUY ANY 2
E23
Super C Flavoured Sparkling Glucose Drink 500ml



5L

35.99
Emlembe Natural Spring Water 6x500ml

21.99
Emlembe Natural Spring Water 5 litre

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Pick n Pay

PRICES VALID 2 - 18 NOVEMBER 2026

SWEETS & TREATS



19.99
Cadbury Dairy Milk Chocolate Slab Assorted 80g Each



54.99
Pringles Potato Chips Assorted 165g Each



17.99 EACH

BUY ANY 2 E30
Willards Cheas Naks Flavoured Maize Snack 135g



28.99
Mister Sweet Rascals Assorted 125g Each



Regular Price 117.99
112.99
SMART SHOPPER PRICE
Magnum Mini's Ice Cream Assorted 5s Each





21.99
Willards Cheese Curls or Flings Maize Snack 150g Each



Regular Price 20.99
18.99
SMART SHOPPER PRICE
Willards Crinkle Cut Potato Chips Assorted 120g Each



28.99
Willards Flanagan's Flavoured Potato Chips Assorted 120g Each



23.99 EACH

BUY ANY 2 E42
Trigz Crunchy Popped Corn Chips Assorted 85g



18.99
Diddle Daddle Caramel Coated Popcorn 150g



79.99 SAVE E13
Cape Cookies Delight Assorted 500g Each



33.99
Magnum Death By Chocolate 100ml Each



12.99
Bakers Tennis Doubles or Choc-O Break 125g Each



35.99
Mister Sweet Speckled Assorted Eggs 100-125g Each



22.99 EACH

BUY ANY 2 E42
Manhattan Marshmallows Assorted 150g



29.99 EACH

BUY ANY 2 E45
Mister Sweet Fruit Flavoured Sweets Assorted 125g

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Pick n Pay

PRICES VALID 2 - 18 NOVEMBER 2026

PERSONAL & BABY CARE





94.99
SAVE E10
Dove Shower Gel Assorted 600ml Each



60.99
Playgirl Perfumed Body Spray Assorted 150ml Each



23.99 EACH

BUY ANY 2 E45
Rexona Shield Roll-On Assorted 50ml



13.99 EACH

BUY ANY 4 E48
Rhodes Squish Assorted 110ml



Regular Price 146.99
139.99
SAVE E10
SMART SHOPPER PRICE
Tiny Tots Value Pack Disposable Pants Assorted Per Pack



Regular Price 57.99
53.99
SMART SHOPPER PRICE
Vaseline Body Cream Assorted 400ml Each



41.99
SAVE E20
Sta-Sof-Fro Blow Out Relaxer 250ml



43.99
Sof n' free Creme Relaxer Assorted 250ml Each



49.99
Yardley Deodorant Assorted 90-125ml Each



44.99
Dove Deodorant Assorted 150ml Each



55.99 EACH

BUY ANY 2 E100
Dove Baby Body Wash, Shampoo or Lotion 200ml



44.99 EACH

BUY ANY 2 E65
Dettol Liquid Hand Wash Pump Asssorted 200ml



17.99 EACH

BUY ANY 2 E32
Lifebuoy Hygiene Soap Assorted 175g



16.99
Dettol Soap Bar Assorted 175g Each



16.99
Protex Bath Soap Assorted 200g Each

25 ANNIVERSARY
IT'S A **BIG DEAL!**



29.99
SAVE E34
Colgate Total Toothpaste Assorted 75ml Each



25.99
SAVE E17
Colgate Double Action Charcoal Toothbrush Medium



92.99
Satiskin Bubble Bath Assorted 2 Litre Each



45.99
Lil-Lets Non-Applicator Tampons Assorted 32s Each





23.99
Kotex Ultra Thin Pads Assorted 10s-18s or Kotex Maxi Protect Pads Assorted 10s Each

CLEANING ESSENTIALS

9kg
skip PROFESSIONAL AUTO WASHING POWDER
399.99
Skip Professional Auto Washing Powder 9kg

2kg
Sunlight 5in1 AUTO
Sunlight
61.99
SAVE E10
Sunlight 5in1 Auto Washing Powder Assorted 2kg Each

1L
Mr Sheen TILE CLEANER
30.99
Mr Sheen Tile Cleaner Assorted 1 Litre Each

1.5L
Sunlight 2in1 AUTO
63.99
SAVE E22
Sunlight 2in1 Liquid Detergent 1.5 Litre

BUY ALL 3
E75
SAVE E13
1x Domestos 750ml, 1x Handy Andy Cream Cleaner 750ml Assorted & Sunlight Dishwashing Liquid 750ml Refill

BUY BOTH
E39
Sunny Dishwashing Liquid 750ml & Sunny Green Laundry Soap Bar 800g

30.99
Sunlight Regular Dishwashing Liquid 750ml Each

Sunlight
25.99
Sunlight Laundry Soap 500g

Griffin 20 PERFORATED REFUSE BAGS
27.99
Griffin Refuse Bags 20 Micron 20s

VALUE PACK
Comfort ELEGANCE
44.99
Comfort Laundry Fabric Softener Refill Assorted 800ml Each

Sunlight
BUY ANY 2
43.99
Sunlight Fabric Conditioner Refill Assorted 500ml

Sunny REFILL PACK
BUY ANY 2
40.99
Sunny Fabric Conditioner Refill Assorted 500ml

DINU MEGA ROLLS 100
Regular Price 52.99
BUY 2 FOR E100
SMART SHOPPER PRICE
Dinu Mega Roller Towell 2s

1.5L
JIK
Regular Price 43.99
38.99
SAVE E10
SMART SHOPPER PRICE
Jik Bleach Assorted 1.5 Litre Each

2L
Sta-soft
56.99
SAVE E13
Sta-Soft Fabric Conditioner Assorted 2 Litre Each

5L
FOOD SAFE
HANDY ANDY PROFESSIONAL
164.99
Handy Andy Professional Multi-Purpose Cleaner Assorted 5 Litre Each

PET ESSENTIALS

8kg
KAROO
499.99
SAVE E78
Montego Karoo Dry Dog Food Assorted 8kg Each

25kg
Russell Hobbs Master Blender
Bobtail ADULT STEAK FLAVOUR 25kg
549.99
SAVE E13
Bobtail Dog Food Assorted 25kg Each

8kg
SunSun DOG FOOD CHICKEN FLAVOURED KIBBLES
SunSun DOG FOOD STEAK
134.99
SAVE E15
Sun Sun Dog Food Assorted 8kg Each

10kg
Sunny MIXED FOWL FOOD 10kg
86.99
Sunny Mixed Fowl Food 10kg

Classic ADULT KITTEN
BUY ANY 2
17.99
Montego Classic Cat Food Assorted 85g

6kg
CANINE CUISINE 24% PROTEIN
268.99
SAVE E72
Canine Cuisine Adult Dog Food Assorted 6kg Each

8kg
Monty & Me ESSENTIAL
167.99
Montego Monty & Me Dog Food Assorted 8kg Each

2kg
Monty & Me
84.99
SAVE E13
Monty & Me Adult Cat Dry Food 2kg

10kg
Sunny CRUSHED YELLOW MAIZE
79.99
Sunny Crushed Yellow Maize 10kg

Pick n Pay
PRICES VALID 2 - 18 NOVEMBER 2026

25 ANNIVERSARY
IT'S A BIG DEAL!



Regular Price 1249.99
1239.99
SAVE E130
SMART SHOPPER PRICE
Russell Hobbs Master Blender

698.99
SAVE E50
Elektra Manual Airfryer 5 Litre

199.99
SAVE E100
Goldair Cordless Glass Kettle



99.99
SAVE E16
Prestige Jumbo Muffin Pan 6 Cup



49.99
SAVE E16
Bic Megalighter



69.99
SAVE E15
Prestige Primo Steak Knife 2 Piece Each



48.99
SAVE E10
Kitchen Inspire Spaghetti Ladle Each

59.99
SAVE E11
Kitchen Inspire Soup Ladle Each

BUY 2 FOR 67.99
SAVE E18
Kitchen Inspire Paring Knife



28.99
SAVE E11
Otima Square Salad Bowl 7 Litre Each



59.99
SAVE E35
Bic Kids Triangle Pencil 12s



BUY 2 FOR 38.99
SAVE E11
Premier Colour Sponge Scourer 4s



1309.99
SAVE E157
Addis Premium Plus Ironing Board



109.99
SAVE E20
Otima Black Dustbin 50 Litre



109.99
SAVE E12
Otima Daisy Laundry Basket Virgin 50 Litre



559.99
SAVE E35
Addis General 3 Drawer Unit

459.99
SAVE E140
Addis Spinna Spin Mop Each



149.99
SAVE E30
Blue Mountain Folding Kiddies Camp Chair



48.99
Griffin Charcoal 5kg or Briquettes 4kg Each



119.99
SAVE E21
HTH Pace Small Floater

146.99
SAVE E13
HTH Small Pool Floater



365.99
SAVE E74
Metalix Combo Braai



Regular Price 395.99
389.99
SAVE E81
SMART SHOPPER PRICE
Volkano Mini Mamba 2.0 Bluetooth Speaker Each

Regular Price 299.99
289.99
SAVE E100
SMART SHOPPER PRICE
Volkano Phonic Bluetooth Headphones Each



292.99
SAVE E11
HTH Granular+ Mineralsoft 4kg

848.99
HTH Granular+ Mineralsoft 15kg

Pick n Pay

PRICES VALID 2 - 18 NOVEMBER 2026

Pick n Pay Liquor

PRICES VALID
2 - 18 NOVEMBER 2026

25 ANNIVERSARY

IT'S A BIG DEAL!



E70
Sibebe Premium Lager
6x330ml *NRB

BUY 2 FOR E190
Castle Lite 6x500ml Cans

E95
Stella Artois
6x410ml Cans

E115
Hunters Dry or Gold
6x440ml Cans Each

BUY 2 FOR E310
Savanna Dry Premium
Cider 6x500ml *NRB

156.99
Chillers Punch Assorted
6x440ml Cans Each



E485
The Glenlivet 12 Year Old
Single Malt Whisky 750ml

Regular Price 198.99
E180
SAVE E18
SMART SHOPPER PRICE
Johnnie Walker Red
Label 750ml

Regular Price 145.99
E135
SAVE E10
SMART SHOPPER PRICE
Clan MacGregor
Scotch Whisky 750ml

E145
Grants Triple Wood Scotch
Whisky 750ml

361.99
Jägermeister Herbal
Liqueur 750ml

E180
Gordon's London Dry
Gin 750ml

E265
Bacardi Carta Blanca
Rum 750ml Each

325.99
Rupert & Rothchild
Classique Wine 750ml

E105
Spier Wines Assorted
750ml Each

E50
Drostdy Hof Wines
Assorted 1 Litre Each

249.99
Bonne Esperance Dry Red
Wine 5 litre

ANY 2 FOR E25
Bug Shooters Assorted
20ml

NOT FOR SALE TO PERSONS UNDER THE AGE OF 18. DRINK RESPONSIBLY.

AVAILABLE AT PICK n PAY ESWATINI RETAIL LIQUOR STORES